NTF FREE GUIDE

HANDICAP SLEEPERS

SEASON...
FLAT 2025

FEATURING...
Well-handicapped, under-the-radar horses and their own specific PRIME CONDITIONS...

FEATURED HORSES...

AMATHUS
JUMEIRA VISION
CAPITAL GUARANTEE
SPRING BLOOM
BEAR TO DREAM
GOLDEN RAINBOW
MATCH PLAY
STERLING KNIGHT
ANOTHER BAAR
SHINE ON BRENDAN
TWO AULD PALS
WEN MOON

IN THIS GUIDE...

12 HORSES ON WINNABLE HANDICAP MARKS AND THE EXACT CONDITIONS WHERE THEY ARE LIKELY TO BE WINNING...

NTF
Narrowing The Field

Introduction

Handicap Sleepers, you know the sort… those types that are slipping down the ratings, past their highest winning mark… the sort that people are ignoring because they think they are 'out of form'… yeah them, that's a Handicap Sleeper, and I keep track of a HUGE quantity of them, waiting for them to meet their **Prime Conditions** before putting the cash down and (hopefully!) collecting at tasty odds…

But what makes a Handicap Sleeper?

Essentially, I'm looking for a horse whose current OR (Official Rating) is **LOWER than their highest ever win OR**, ideally, they will also be below or at least near their **last winning OR**. Added to their OR mark I also need to be able to **establish strong trends and preferences** from their winning AND losing past form… or in other words I like to be able to pin **Prime Conditions** to the horse in question, conditions I'll be sitting and waiting for them to appear under so that myself (and full NTF Members) can get the money down and look to pull in profit.

For those of you that have followed me for some time this won't be a completely new concept to you. I've produced many similar free guides like this over the past fifteen or so years, highlighting similar 'Handicap Sleepers' to keep an eye on and to profit from.

Handicap Sleepers are horses I considered to be 'well-handicapped' AND horses where I can pinpoint strong trend patterns to their winning performances. **I regularly highlight these types for full NTF Members**, along with the conditions they are proven to act best under, continually scanning the entries and my mountain of horse notes, looking for the perfect time to get the money down.

This **FREE Handicap Sleepers guide** works along the same lines and the same principles.

The runners in this guide...

All horses in this guide are here because they are perceived to be well handicapped by myself on old form (and official figures, of course) and I have been able to identify **strong race conditions that they excel under**. They are taken from a much larger set of personal notes that I constantly update, refine, and tweak, making sure I'm as ahead of the game as I possibly can be.

It's damn hard effort... it's insanely time consuming... but it WORKS!

And **access to my 'Handicap Sleepers'** is one of the main reason the many long-term NTF Members keep coming back... time after time... year after year...

This isn't a get rich quick scheme...

Again, if you have been following me for any length of time you know that's not what I'm about. **I put in the hard work and long hours of study to get the results**. My 'Handicap Sleepers' method is one I personally use to source big-priced winners. Not all the time of course, not all of them will be as 'under the radar' each time they hit the track as I would like them to be, but **they offer plenty enough value on plenty enough occasions to make it a worthwhile method to add to my overall portfolio**. You do sometimes have to endure losing streaks with the method, but this must be expected. You can often be dealing with runners at the lower end of the market (larger odds), and you honestly can't expect them to win time after time, day in day out.

How do YOU profit from Handicap Sleepers?

Luckily for you I've done most of the hard work! I've sourced the horses and laid out their Prime Conditions for you. All you need to do is keep an eye out for them running. With this method you need take the highpoints with the close calls, the big winners with the not even on the radar runs, hopefully the close calls return some each-way nuggets allowing you a

profit from your efforts, but you have to accept that you may have to wait a few runs to profit from a particular handicap sleeper, again, this isn't a get rich quick scheme…

What to do now…

Read the guide, familiarize yourself with the runners and their **Prime Conditions**. If you use an alerts tool, then enter them in there with my notes attached.

As is always the case with an NTF guide, it is entirely up to yourself how you wish to utilise the information and how you wish to add it to your own punting armory. I would, however, suggest having some sort of each-way cover for the larger priced runners, whether that is with the traditional bookies or indeed on the exchanges. The strike-rates for this sort of method can be low-ish… but the returns more than make up for it.

*Note. Sometimes these runners will win **out with their prime conditions**, without our money down. It happens; we deal with it and move on…*

**Note. It's not always a case of waiting for ALL conditions to be ticked for a horse, you can sometimes be waiting forever for that to happen. If, for example, 4 of the 5 conditions are ticked, it's a case of making a judgement call based on price and how important the missing angle is in conjunction with that day's race.*

This is something I do on the full NTF Members Service for full NTF Members>>>

Cheers - Ben (NTF)

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Stats correct up to 07-05-25

AMATHUS (P R Chamings)

8yo – 46 career starts, 5 wins

Current OR - 52 | Highest winning OR - 66 | Last winning OR - 65

Overall Form line

815978/7126653240/85865513748/35118353/872377009-46

<u>PRIME CONDITIONS</u>

OR 66 or less

Handicaps worth 4k or less (to the winner)

Good or quicker ground

Fields of 9 or less

DSLR 21 or less

Form under Prime Conditions…

3211151 (4/7, 2p - all 4 career Handicap wins)

Notes: All 5 of his career wins have come over 6f and 7f trips

JUMEIRA VISION (Miss K Scott)

5yo – 29 career starts, 5 wins

Current OR - 54 | Highest winning OR - 62 | Last winning OR - 54

Overall Form line

5783140/4356981115470444701-955

PRIME CONDITIONS

OR 62 or less

Handicaps over 1m-1m1.5f

DSLR 21 or less

June-December

Wearing NO Headgear

Form under Prime Conditions...

1771111 (5/7 - all 5 career wins)

Notes: Decent record at Wolverhampton when running off DSLR 21 or less... 91531 (2/5, 1p)

CAPITAL GUARANTEE (D O'Meara)

5yo – 21 career starts, 4 wins

Current OR - 75 | Highest winning OR – 80 | Last winning OR - 69

Overall Form line

623/5011159/000599925-16

PRIME CONDITIONS

OR 80 or less

7f on Turf

Fields of 9 or less

Form under Prime Conditions...

61111 (4/5 - all 4 career wins)

*Unfavourable wide draw when 6th of 7

Notes: All 4 wins have come on Good or Good to Firm but has placed on Good to Soft

SPRING BLOOM (R Eddery)

8yo – 49 career starts, 6 wins

Current OR - 76 | Highest winning OR - 84 | Last winning OR - 75

Overall Form line

223/329194/2923222/0227110874/210643286/68645116444-625

PRIME CONDITIONS

OR 84 or less

May – August

Races worth 9k or less

Fields of 10 or less

Form under Prime Conditions...

51156111222232122 (6/17, 8p - all 6 career wins)

Notes: 5 of his 6 career wins have come in July and August

BEAR TO DREAM (M Attwater)

6yo – 43 career starts, 4 wins

Current OR - 47 | Highest winning OR - 56 | Last winning OR - 51

Overall Form line

7065/4313261466/4497323695554/223413414977-36473

PRIME CONDITIONS

OR 56 or less

Left-Handed tracks

Class 6

Fields of 10 or less

January - August

Form under Prime Conditions...

34631413223231231 (4/17, 9p - all 4 career wins)

Notes: Strong form at Brighton at C6 level in Apr-Aug... 3/10, 5p

GOLDEN RAINBOW (R Menzies)

6yo – 48 career starts, 8 wins

Current OR - 60 | Highest winning OR - 63 | Last winning OR - 61

Overall Form line

212259/054205182/58499607/09712126401311805815-93602

PRIME CONDITIONS

OR 63 or less

5f-5.5f
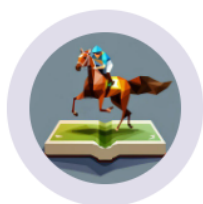
Class 5 or less races worth 6k or less (to the winner)

DSLR 30 or less

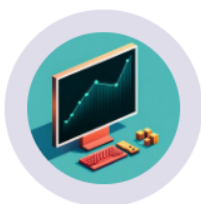*Wearing a VISOR or NO Headgear*

Form under Prime Conditions...

26315811314212111 (8/17, 5p - all 8 career wins)

Notes: Good record in Class 6 5f Handicaps at Newcastle... 4/10, 2p

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MATCH PLAY (P Midgley)

5yo – 30 career starts, 3 wins

Current OR - 59 | Highest winning OR - 73 | Last winning OR - 68

Overall Form line

36414288/48130/7739701898-5405843

PRIME CONDITIONS

OR 73 or less

Class 4 or less Handicaps

Straight 5f

Good+

Fields of 10 or less

May - August

Form under Prime Conditions...

31121 (3/5, 2p - all 3 career wins)

Notes: All 3 of his wins have come off breaks of 21-42 days... out with that

DSLR range he is... 0/21, 2p

STERLING KNIGHT (E Dunlop)

6yo – 50 career starts, 10 wins

Current OR - 88 | Highest winning OR - 90 | Last winning OR - 86

Overall Form line

426023771/4110335011/461300755135/30610174479691-52284

PRIME CONDITIONS

OR 90 or less

Handicaps worth 16k or less (to the winner)

Left-Handed or Straight tracks

Form under Prime Conditions...

1611315111311417320 (10/19, 3p - all 10 career wins)

Notes: All his wins have come in fields of 8 or more and he is 0/7, 0p in fields of 7 or less, the bigger fields suit his hold-up running style

ANOTHER BAAR (AP Keatley)

5yo – 33 career starts, 4 wins

Current OR - 65 | Highest winning OR - 78 | Last winning OR - 67

Overall Form line

585/133113393040/005077123530289-360

PRIME CONDITIONS

OR 78 or less

5f-6f Turf Handicaps

Straight tracks

NO Headgear and NO Tongue-Tie

Form under Prime Conditions...

332171131 (4/9, 4p - all 4 career wins)

Notes: All 4 of his wins have come between April & August

SHINE ON BRENDAN (J Goldie)

8yo – 66 career starts, 9 wins

Current OR - 68 | Highest winning OR - 68 | Last winning OR - 66

Overall Form line

22/23450776634/544053536336/311511610386/9223423121300

3/8665346244511-05

PRIME CONDITIONS

(Since with Jim Goldie)

OR 68 or less

Class 5 or less Turf Handicaps over 1m-1m1f

May – October

DSLR 22 or less

Good or softer ground

Form under Prime Conditions...

11423631132111511 (9/17, 3p - all 9 career wins)

Notes: Strong record at Hamilton on Good or softer ground... 5/15, 4p

TWO AULD PALS (Miss L Russell)

7yo – 35 career starts, 5 wins

Current OR - 71 | Highest winning OR - 73 | Last winning OR - 73

Overall Form line

6567535573/6521122148/1565362-88

<u>**PRIME CONDITIONS**</u>

OR 73 or less

Class 4 or less handicaps worth 6k or less (to the winner)

1m5f+

DSLR 30 or less

NO Headgear

Form under Prime Conditions...

11211233 (4/8, 3p - all 4 career wins)

Notes: Strong form in C4 or less Hamilton Handicaps over 1m5f... 3/7, 1p

WEN MOON (B Haslam)

5yo – 26 career starts, 3 wins

Current OR - 78 | Highest winning OR - 84 | Last winning OR - 84

Overall Form line

2146/145452217/36052330933-84

PRIME CONDITIONS

OR 84 or less

Class 3 level or less

Tracks with Undulations

Wearing NO Headgear

Form under Prime Conditions...

333121612 (3/9, 2p - all 3 career wins)

Notes: All his wins have come on Good or Soft ground and he's placed on 2 of his 3 starts on Good to Soft, so he may not want 'extremes' of going (Heavy or Good to Firm+)

Where can you get more Handicap Sleepers?

Naturally, if you have an abundance of spare time, you can source your own Handicap Sleepers. It's definitely a time-consuming process, there is **NO** doubt about that, but it **IS** a worthwhile task, and it **WILL** point you towards plenty of winners that the wider betting public are ignoring...

Alternatively, **you can hook up to the full NTF members service** where **I will be highlighting Multiple Handicap Sleepers/Prime Condition horses each and every week**, mainly via my **NTF Stats Sheets**...

It's not easy finding well handicapped horses that are also showing the tell-tale signs of coming into form and getting ready to strike. There are so many horses in training it's like picking your way through a thoroughbred handicap minefield!

But that's where I come in...

I'll find the horses for YOU>>>

Then all we need to do is wait for the correct conditions and get the money down!

Hopefully you will find a way of adding this type of analysis into your own approach and find ways of using this NTF analysis guide to enhance your own punting techniques and, subsequently, your punting profits...
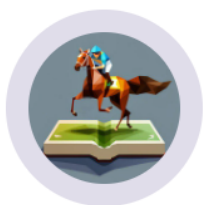
Happy Handicap Sleeper Punting

Ben (NTF)

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