

NTF

FREE GUIDE

HANDICAP SLEEPERS

SEASON...

FLAT 2024

FEATURING...

Well-handicapped, under-the-radar horses and their individual Prime Racing Conditions...

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FEATURED HORSES...

**BLUE HERO
DREAM COMPOSER
OUTRUN THE STORM
BAMA LAMA
RAIN CAP
GENESIUS
IRV
LORD PROTECTOR
ZARZYNI
GERT LUSH
NIGHT ON EARTH
RACINGBREAKS RYDER**

IN THIS GUIDE...

12 HORSES ON WINNABLE HANDICAP MARKS AND THE EXACT CONDITIONS WHERE THEY ARE LIKELY TO BE WINNING...



Introduction

Handicap Sleepers, you know the sort. Those types that are slipping down the ratings, past their highest winning mark/official rating (OR)... the sort that people are ignoring because they think they are out of form... yeah them, that's a Handicap Sleeper, and I keep track of a huge quantity of them, waiting for them to meet their **Prime Conditions** before putting the cash down and (hopefully!) collecting at a tasty price...

But what makes a Handicap Sleeper?

Essentially, I'm looking for a horse who's current OR (Official Rating) is LOWER than their highest ever win OR, ideally, they will also be below or at least near their last winning OR. Added to their OR mark I also need to be able to establish strong trends and preferences from their winning AND losing past form, or in other words I like to be able to attribute **Prime Conditions** to the horse in question, conditions I'll be sitting and waiting for them to appear under so that myself (and full NTF Members) can get the money down and look to pull in profit.

For those of you that have followed me for some time this won't be a completely new concept to you. I've produced many similar free guides like this over the past fifteen or so years, highlighting similar types of horses to keep an eye on and to profit from.

Handicap Sleepers are horses I considered to be 'well-handicapped' AND horses where I can pinpoint strong trend patterns to their winning performances. I regularly highlight these types for full NTF Members, along with the conditions they are proven to act best under, continually scanning the entries and my mountain of horse notes, looking for the perfect time to get the money down.

This **FREE Handicap Sleepers guide** works along the same lines and same principles.

The runners in this guide...

All horses in this guide are here because they are perceived to be well handicapped by myself on old form (and official figures, of course) and I have been able to identify strong race conditions that they excel under. They are taken from a much larger set of personal notes that I constantly update, refine, and tweak, making sure I'm as ahead of the game as I possibly can be.

This isn't a get rich quick scheme...

Again, if you have been following me for any length of time you know that's not what I'm about. I put in the hard work and long hours of study to get the results. My 'Handicap Sleepers' method is one I personally use to source big-priced winners. Not all the time of course, not all of them will be as 'under the radar' each time they hit the track as I would like them to be, but they offer plenty enough value plenty enough times to make it a worthwhile method to add to my overall portfolio. You do sometimes have to endure losing streaks with the method, but this has to be expected. You can often be dealing with runners at the lower end of the market (larger odds) and you honestly can't expect them to win time after time, day in day out.

How do you profit from Handicap Sleepers?

Luckily for you I've done most of the hard work! I've sourced the horses and laid out their Prime Conditions for you. All you need to do is keep an eye out for them running. With this method you need take the highlights with the close calls, the big winners with the not even on the radar runs, hopefully the close calls return some each-way nuggets allowing you a profit from your efforts, but you have to accept that you may have to wait a few runs to profit from a particular handicap sleeper, again this isn't a get rich quick scheme...

What to do now...

Read the guide, familiarize yourself with the runners and their Prime Conditions. If you use an alerts tool, then enter them in there with my notes attached.

As is always the case with an NTF guide, it is entirely up to yourself how you wish to utilise the information and how you wish to add it to your own punting armory. I would, however, suggest having some sort of each-way cover for the larger priced runners, whether that is with the traditional bookies or indeed on the exchanges. The strike-rates for this sort of method will be low-ish but the returns more than make up for it.

**Note. Sometimes these runners will win out with ideal conditions, without our money down. It happens; we deal with it and move on...*

***Note. It's not always a case of waiting for ALL conditions to be ticked for a horse, you can sometimes be waiting forever for that to happen. If for example 4 of the 5 conditions are ticked, it's a case of making a judgement call based on price and how important the missing angle is in conjunction with that day's race.*

Cheers - Ben (NTF)

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**Stats correct up to 28-05-24*



BLUE HERO (Adrian Wintle)

6yo – 48 career starts, 7 wins

Current OR - 55 | Highest winning OR - 62 | Last winning OR - 62

Overall Form line

33853/243485804893113/421757595544/58112116904874-87

PRIME CONDITIONS

OR 62 or less

Bath

DSL R 42 or less

Fields of 11 or less

Form under Prime Conditions...

112111211 (7/9, 1p - all 7 career wins)

Notes: His form when running AWAY from Bath reads... 0/32, 4p



DREAM COMPOSER (James Evans)

6yo – 43 career starts, 8 wins

Current OR - 87 | Highest winning OR - 96 | Last winning OR - 96

Overall Form line

63553/32114759/5522112403210/371130108304-50382

PRIME CONDITIONS

OR 96 or less

Handicaps

DSLRL 25 or less

Fields of 11 or less

Form under Prime Conditions...

2834311114411229112 (8/19, 5p - all 8 career wins)

Notes: All 7 of his turf wins have come on Good to Soft or quicker and he may be at his absolute best away from Soft and Heavy ground



OUTRUN THE STORM (Richard Fahey)

6yo – 36 career starts, 6 wins

Current OR - 73 | Highest winning OR - 75 | Last winning OR - 70

Overall Form line

35135/41305545/21282712284/083127866-135

PRIME CONDITIONS

OR 75 or less

6f-7f Handicaps

February – September

1st – 5th start in season

Form under Prime Conditions...

531213172821141 (6/15, 4p - all 6 career wins)

Notes: Has good form on the Newmarket July track... 212 (2/3, 2p)

Form on 6th start in season or later is... 0/8, 1p



BAMA LAMA (Rod Millman)

6yo – 40 career starts, 4 wins

Current OR - 52 | Highest winning OR - 52 | Last winning OR - 52

Overall Form line

674598/0113000/072232380/54533126187644-7833

PRIME CONDITIONS

OR 52 or less

Class 6 Straight Turf Handicaps

May – August

DSL R 28 or less

Form under Prime Conditions...

1621332211 (4/10, 5p - all 4 career wins)

Notes: All 4 wins have come in July & August (although has placed earlier in year)



RAIN CAP (John David Riches)

7yo – 50 career starts, 7 wins

Current OR - 55 | Highest winning OR - 56 | Last winning OR - 50

Overall Form line

7801956/00059/597792163127/834403171102409/048701203-03

PRIME CONDITIONS

OR 56 or less

Class 5 Turf races over 6f-7f

June-September

DSL R 42 or less

Fields of 11 or less

Form under Prime Conditions...

211113161201 (7/12, 3p - all 7 career wins)

Notes: Strong form in Catterick 6f-7f Handicaps in fields of 11 or less and from OR 56 or less... 18113125 (4/8, 2p)



GENESIUS (Sir Mark Prescott)

7yo – 35 career starts, 4 wins

Current OR - 74 | Highest winning OR - 76 | Last winning OR - 72

Overall Form line

733/52316/412313476/6632443228/4153232-3

PRIME CONDITIONS

OR 76 or less

1m4f-1m4.5f Handicaps

June-October

Wearing NO Headgear

Carrying 9-12 or less

Form under Prime Conditions...

23231361113 (4/11, 5p - all 4 career wins)

Notes: Morgan Cole has a good record on the horse in 1m4f-1m4.5f

Handicaps when running off OR 76 or less... 3/10, 5p

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IRV (Micky Hammond)

8yo – 50 career starts, 4 wins

Current OR - 55 | Highest winning OR - 78 | Last winning OR - 49

Overall Form line

98427/59211090/2900700/5523435648/59423132064/552460-614

PRIME CONDITIONS

OR 78 or less

1m-1m2.5f Handicaps

April-July

Flat or slightly undulating tracks (or AW)

Good or quicker ground (or AW)

Form under Prime Conditions...

1213249534311 (4/13, 6p - all 4 career wins)

Notes: 3 of his 4 wins have come off breaks of 26-30 days



LORD PROTECTOR (Ruth Carr)

6yo – 21 career starts, 5 wins

Current OR - 90 | Highest winning OR - 94 | Last winning OR - 94

Overall Form line

1/11364/6150/79821600-802

PRIME CONDITIONS

OR 94 or less

1m-1m2f

Races worth 30k or less

Form under Prime Conditions...

21214111 (5/8, 2p - all 5 career wins)

Notes: Possibly at his best on Flat or Slightly undulating tracks as all career wins have come on such tracks (and he is 0/5, 0p on Undulating/Very Undulating tracks)



ZARZYNI (David & Nicola Barron)

7yo – 40 career starts, 3 wins

Current OR - 79 | Highest winning OR - 99 | Last winning OR - 99

Overall Form line

1343/939770/32012/2221430000/5740004-30442702

PRIME CONDITIONS

OR 99 or less

Good to Soft/Good/Good to Firm

March-July

Fields of 11 or less

Form under Prime Conditions...

21131 (3/5, 1p - all 3 career wins)

Notes: May be best off breaks of 16-days or more (he is 0/11, 1p off breaks of 15 days or less)



GERT LUSH (Roger Teal)

7yo – 31 career starts, 5 wins

Current OR - 65 | Highest winning OR - 67 | Last winning OR - 63

Overall Form line

36136/16489/4415852/0693212/71280-05

PRIME CONDITIONS

OR 67 or less

Turf tracks with undulations (any level of undulations)

Class 5 level or less

Form under Prime Conditions...

1139111 (5/7, 1p - all 5 career wins)

Notes: All 5 career wins have come on Good (X4) or Good to Soft (X1)



NIGHT ON EARTH (Ian Williams)

6yo – 59 career starts, 10 wins

Current OR - 82 | Highest winning OR - 92 | Last winning OR - 75

Overall Form line

**71910/0207744152110/46252311333708530166/04406065349-
4212422154**

PRIME CONDITIONS

OR 92 or less

5f

DSLR 42 or less

Carrying 9-05 or less

Wearing HOOD or NO Headgear

Form under Prime Conditions...

45121513113201110191 (10/20, 3p - all 10 career wins)

Notes: 9 of his 10 career wins have come off a break of 25-days or less



RACINGBREAKS RYDER (Charlie Hills)

4yo – 15 career starts, 4 wins

Current OR - 83 | Highest winning OR - 90 | Last winning OR - 90

Overall Form line

0231/11100067-004

PRIME CONDITIONS

OR 90 or less

Fields of 10 or less

Form under Prime Conditions...

111132 (4/6, 2p - all 4 career wins)

Notes: Strong form on Soft ground... 21110 (3/5, 1p)

Where to get more Handicap Sleepers...

Naturally, if you have the time, you can source your own. It's a time-consuming process, no doubt about that, but it IS a worthwhile task, and it WILL point you towards plenty of winners that the wider betting public are ignoring...

Alternatively, **you can hook up to the full NTF members service** where I will be highlighting Multiple Handicap Sleepers/Prime Condition horses each and every week, mainly via my [NTF Stats Sheets](#)...

It's not easy finding well handicapped horses that are also showing the tell-tale signs of coming into form and getting ready to strike. There are so many horses in training it's like picking your way through a thoroughbred handicap minefield! But that's where I come in...

I find the horses for YOU. Then all we need to do is wait for the correct conditions and get the money down!

Hopefully you will find a way of adding this type of analysis into your own approach and find ways of using this NTF analysis guide to enhance your own punting techniques and, subsequently, your punting profits...

Happy Handicap Sleeper Punting

Ben (NTF)

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